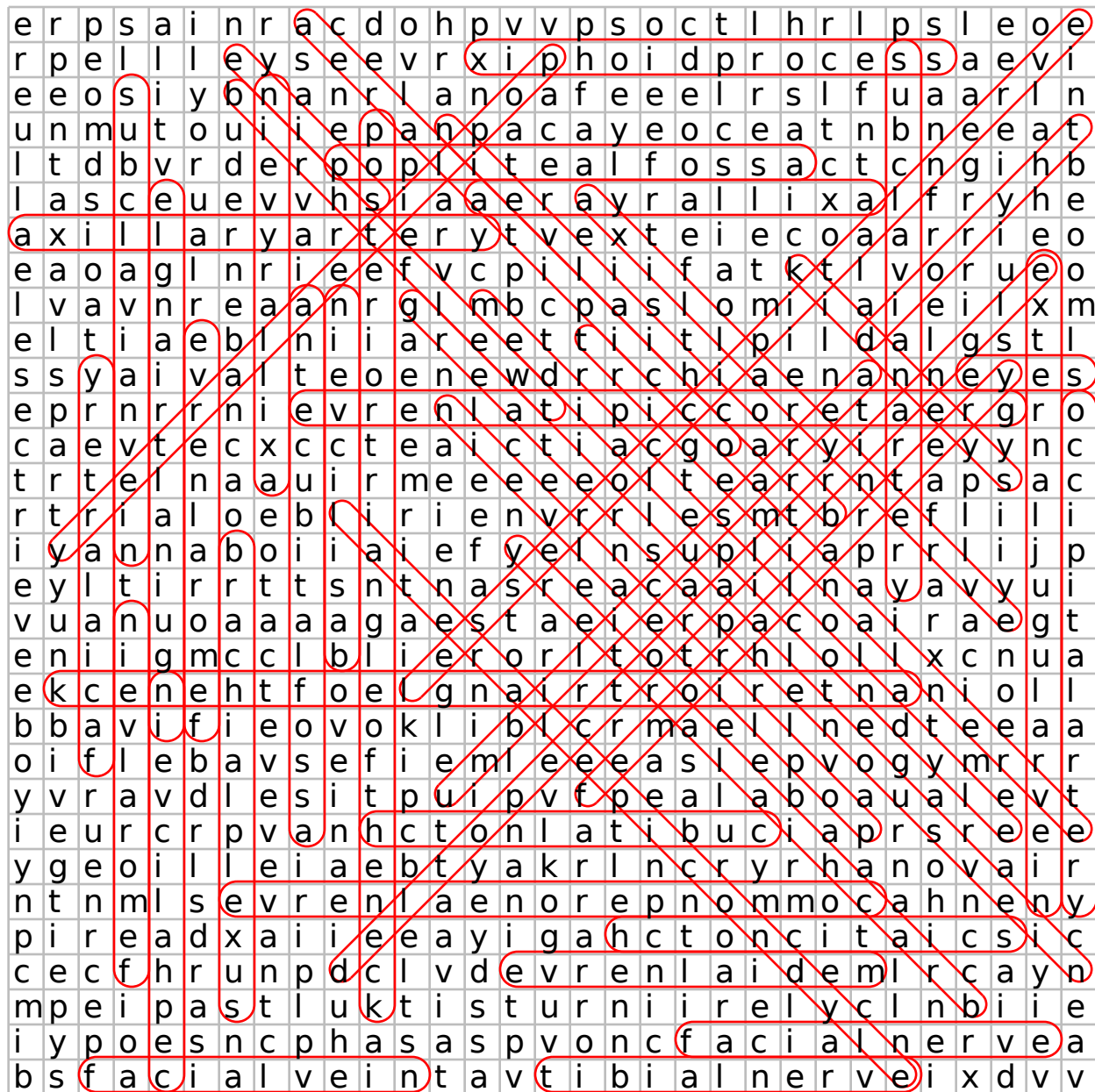


# Massage Endangerment Sites

## MassageNerd.com

Areas to be cautious of when massaging



Antecubital fossa  
 Axillary Nerve  
 Brachial Plexus  
 Cubital notch  
 Facial Artery  
 Femoral Nerve  
 Inguinal triangle  
 Medial epicondyle  
 Popliteal Artery  
 Sciatic notch  
 Thyroid  
 Umbilicus area

Anterior triangle of the neck  
 Axillary Vein  
 Brachial Vein  
 Deltoid pectoral triangle  
 Facial Nerve  
 Femoral Vein  
 Kidneys  
 Medial Nerve  
 Popliteal fossa  
 Spine  
 Tibial Nerve  
 Xiphoid process

Axillary area  
 Basilic Vein  
 Cephalic Vein  
 External Jugular Vein  
 Facial Vein  
 Greater Occipital Nerve  
 Lateral epicondyle  
 Occipital area  
 Popliteal Vein  
 Subclavian Artery  
 Trigeminal Nerve

Axillary Artery  
 Brachial Artery  
 Common Peroneal Nerve  
 Eyes  
 Femoral Artery  
 Greater Saphenous Vein  
 Lesser Occipital Nerve  
 Occipital Artery  
 Posterior triangle of the neck  
 Subclavian Vein  
 Twelfth rib